

## TAB SAFETY COMMITMENT TO OUR USERS

TAB believes the safety of our users is paramount and are exploring the use of technology and manual methods to keep interactions safe on our app. We utilize technology and manual methods, systems, and processes to address concerns reported by our users within 24 hours. We have customer service professionals who review and scan user accounts for inappropriate content, pictures, and behavior. Once users are identified with inappropriate usage and behavior, we block email addresses, phone numbers and other identifiers associated with such users.

We have a zero-tolerance policy on harassment and encourage our community to report any instance of misconduct and/or anyone who violates our Terms of Use. When we receive such a report, our dedicated customer services team takes appropriate measures, to remove the content, banning the user, or notifying the appropriate law enforcement resources. We are constantly evaluating and refining our processes, and will always work with law enforcement, where possible, to protect our users.

### *User Education:*

We offer safety tips, both online and via the app, to educate and empower users to make smart and safe choices while interacting on the TAB app. You can view our [Safety Tips Here](#)

### *Fraud:*

We take the issue of fraud very seriously at TAB. We have a zero-tolerance policy on predatory behavior of any kind. No one, whether they met on TAB or not, should ever send money to someone they haven't met in person. In addition, we encourage our members to report any individual who has requested financial information via our self-reporting tool. Those two steps will greatly assist in stopping almost every scam in its tracks and help protect the next potential victim.

### *Data Privacy and Platform Security:*

Our users' privacy is a top priority at TAB, and we work diligently to ensure that we adhere to privacy laws and industry standards. We know that your time on the app is a private matter and have strict policies in place. The most up-to-date information on our data practices is always available to the general public through our [Privacy Policy](#), which can be also accessed through our app.

---

### *Additional Policies and Information:*

Our fundamental goal is to introduce our community of users to new people to meet their fitness goals. And while this is a lot of fun, it's important to remember that there are [Community Guidelines](#) that our users must abide by to help make TAB the best app for meeting new people to train with. We encourage our users to report any instance of bad behavior on or off our platform. Reporting a user for inappropriate conduct is straightforward and easy to do. On any given profile, users can tap the '3 dots' icon and select 'Report'. Users can also report another user by Submitting a Help Request to [support@tab.fit](mailto:support@tab.fit).

Below are more details about some of our policies that we have implemented to keep TAB safer.

### *Harassment*

We have a zero-tolerance policy for harassment on our platform. We encourage all users to report any unacceptable behavior so that the community team can investigate and take appropriate action.

*Underage Usage:*

TAB is for users 18+, and we work hard to vigilantly maintain an adults only training community. These tools may include review of profiles for red-flag language and images, manual reviews of suspicious profiles, activity, and user generated reports, as well as blocking email addresses, phone numbers and other identifiers associated with underage users trying to circumvent these restrictions. We also depend on our users to report any profiles that may depict a minor, so that we can investigate and remove, accordingly.

*Illegal Substances:*

Profiles (or TAB users) promoting illegal substances violate our [Terms of Use](#) and we have a system in place to remove these profiles from the app. If a user encounters a profile violating our terms, we encourage them to report it in within the app.

Resources for Support, Advice, or Assistance:

In case of emergency, **call 911** (U.S. or Canada) or your local law enforcement agency.

Rape, Abuse and Incest National Network (RAINN) Hotline

1-800-656-HOPE (4673) | [www.rainn.org](http://www.rainn.org)

National Domestic Violence Hotline

1-800-799-SAFE (7233) or 1-800-787-3224 | [www.thehotline.org](http://www.thehotline.org)

National Sexual Violence Resource Center

1-877-739-3895 | [www.nsvrc.org](http://www.nsvrc.org)

National Center for Missing & Exploited Children

1-800-THE-LOST (843-5678) | [www.cybertipline.com](http://www.cybertipline.com)

Cyber Civil Rights Initiative

1-844-878-2274 | [www.cybercivilrights.org](http://www.cybercivilrights.org)

FBI Internet Crime Complaint Center

[www.ic3.gov](http://www.ic3.gov)